contrariness. Tendency to oppose almost everything others do or say.
food allergy. Abnormal response to a food triggered by the body’s immune system.
MyPlate. Food guidance system developed by the USDA to help people make more healthful food and physical activity choices.
obedience. Acting within the limits set by others.
registered dietitians. People who have special training in nutrition and diet and meet the qualifications of the American Dietetic Association.
regression. Going back to an earlier stage of development.
ritual. Pattern of activities repeated at a regular time each day, such as a bedtime story.
self-assertion. Doing as one chooses rather than what others want.
self-restraint. Ability to control oneself.
spatial. Term pertaining to space.
toilet learning. Process by which adults help children learn to use the toilet to manage their elimination needs.
training pants. Special underpants or pants made of disposable diaper material that help lessen the mess of accidents during toilet learning.
transitional stage. Stage of development in which a person is passing from one stage to another.