Connect to Your Career

5-4 Values Assessment

1. Review the personal values listed in the chart that follows. Using the check boxes in the chart, rate how important each value is to you.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Value** | **Very important** | **Important** | **Neutral** | **Unimportant** | **Very unimportant** |
| adventure | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| ambition | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| compassion | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| creativity | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| discipline | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| fairness | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| family | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| freedom | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| friendship | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| happiness | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| health | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| honesty | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| independence | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| integrity | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| kindness | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| knowledge | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| love | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| nature | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| perfection | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| philanthropy | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| respect | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| security | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| spirituality | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| status | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| strength | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| success | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| teamwork | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| tolerance | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| wealth | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| wisdom | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |

2. List all the values you marked as “very important” in the space that follows.

<<Place Answer Here>>

3. Are there other values important to you that did not appear in this chart? Record them and briefly explain why they are important to you.

<<Place Answer Here>>

4. How do you think your personal values will affect your job search and your future career?

<<Place Answer Here>>

5. Save your Word document as *FirstnameLastname\_*Values.docx (i.e., JohnSmith\_ Values.docx).