Connect to Your Career

5-4 Values Assessment

1. Review the personal values listed in the chart that follows. Using the check boxes in the chart, rate how important each value is to you.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Value** | **Very important** | **Important** | **Neutral** | **Unimportant** | **Very unimportant** |
| adventure |  |  |  |  |  |
| ambition |  |  |  |  |  |
| compassion |  |  |  |  |  |
| creativity |  |  |  |  |  |
| discipline |  |  |  |  |  |
| fairness |  |  |  |  |  |
| family |  |  |  |  |  |
| freedom |  |  |  |  |  |
| friendship |  |  |  |  |  |
| happiness |  |  |  |  |  |
| health |  |  |  |  |  |
| honesty |  |  |  |  |  |
| independence |  |  |  |  |  |
| integrity |  |  |  |  |  |
| kindness |  |  |  |  |  |
| knowledge |  |  |  |  |  |
| love |  |  |  |  |  |
| nature |  |  |  |  |  |
| perfection |  |  |  |  |  |
| philanthropy |  |  |  |  |  |
| respect |  |  |  |  |  |
| security |  |  |  |  |  |
| spirituality |  |  |  |  |  |
| status |  |  |  |  |  |
| strength |  |  |  |  |  |
| success |  |  |  |  |  |
| teamwork |  |  |  |  |  |
| tolerance |  |  |  |  |  |
| wealth |  |  |  |  |  |
| wisdom |  |  |  |  |  |

2. List all the values you marked as “very important” in the space that follows.

<<Place Answer Here>>

3. Are there other values important to you that did not appear in this chart? Record them and briefly explain why they are important to you.

<<Place Answer Here>>

4. How do you think your personal values will affect your job search and your future career?

<<Place Answer Here>>

5. Save your Word document as *FirstnameLastname\_*Values.docx (i.e., JohnSmith\_ Values.docx).