Connect to Your Career

5-3 Abilities Assessment

1. Recall your top five aptitudes from Activity 5-1. How do these five aptitudes translate into your abilities? For example, you may have an aptitude for persuasion, which may translate to an ability to sell products to customers. List your top five aptitudes and an ability that you have developed for each.

Aptitudes Abilities

a. <<Aptitude>> → <<Ability>>

b. <<Aptitude>> → <<Ability>>

c. <<Aptitude>> → <<Ability>>

d. <<Aptitude>> → <<Ability>>

e. <<Aptitude>> → <<Ability>>

2. Do you have other aptitudes that could be developed into new abilities?

<<Place Answer Here>>

3. Consider other abilities you have. Which of your abilities would be desired qualities an employer might look for in a candidate?

<<Place Answer Here>>

4. Save your Word document as *FirstnameLastname*\_Abilities.docx (i.e., JohnSmith\_ Abilities.docx).