Chapter 12

Activity SS12-1 Icebreakers

Directions: Chances are you do not know every person in your class. An icebreaker is an engaging way to get to know your classmates. The goal of an icebreaker is to help everyone comfortably get to know other team members on a superficial level. Icebreaker activities should not be intimidating or move people out of their comfort zones. One easy icebreaker is to write questions on pieces of paper and put them into a hat. Next, divide the class into teams and invite each person to take a turn drawing a question and answering. The questions can be silly, like “If you were a vegetable, what kind of vegetable would you be?” Or they could be more practical, like “If you could meet a celebrity, who would you choose?” Hopefully, if someone says “I would be a green bean,” others would feel comfortable enough to ask why. The point is to engage everyone in non-intimidating conversation. Write 10 questions that you and classmates can use as an icebreaker.

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