Chapter 16

Activity File 16-1 Taking a Learning Styles Test

**Directions:** Complete the following activity to learn about how you learn best.

Learning styles are the different ways people receive and process information. Knowing your preferred learning style or styles can help you determine the best way for you to learn new information or skills. It can also help you identify potential career interests.

Conduct an Internet search for the term “learning styles test printable.” Print the test and complete it. Answer the following questions about the results.

**Activity Questions**

1. What is your preferred learning style according to the test?

<<Place Answer Here>>

2. What style is your second most preferred style?

<<Place Answer Here>>

3. What types of courses in school do you like best? How does this or doesn’t it reflect your learning style preferences as revealed in the test?

<<Place Answer Here>>

4. Why do you think your learning style would have an effect on the type of occupation in which you would be most successful?

<<Place Answer Here>>

5. List at least occupations that align with your learning style.

<<Place Answer Here>>

6. Ask your instructor where to save your documents. This could be on the school’s network or a flash drive of your own. Name your Word document *FirstnameLastname*\_Activity16-1.docx (e.g., JohnSmith\_Activity16-1.docx).