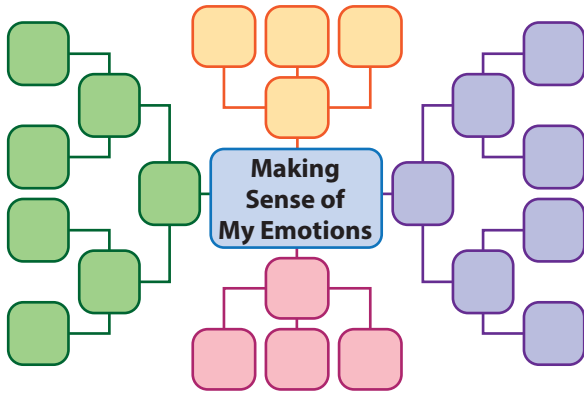


Chapter 4

Name _____ Date _____ Period _____

Lesson 4.2 Graphic Organizer

My Emotions



As you read Lesson 4.2, create a word map to organize what you learn about understanding your emotions. An example word map is shown to the left. Write "Making Sense of My Emotions" in a bubble in the middle of the page and fill in topics relating to understanding your emotions in surrounding bubbles. Continue to identify and explain related topics to complete the organizer as you read the lesson.