

**Adventures in Food and Nutrition! © 2016**  
**Chapter 13: Ready, Set, Cook!—History Activity**

**Dinner with Tsar Nicholas**

Nicholas II was the last Tsar of Russia. He spent much of his time at Alexander Palace where he hosted many important dinners. The dinners were very fancy and were served formal style. Use the Internet to search for answers to the activity questions.

**Activity Questions**

1. What was the name of Tsar Nicholas' chef? What was the chef's nationality?
2. How was food transported from the kitchen to the palace?
3. What time did lunch begin? How long did lunch last?
4. When people were seated at more than one table, what did the Tsar do so that everyone could say they ate at his table?
5. What is zakuski? How were they served?
6. When did Palace guests sit down at mealtime?
7. Describe what was served for each course of the meal.

Name \_\_\_\_\_ Date \_\_\_\_\_

8. How did guests signal waiters that they were finished with a course?
  
  
  
  
  
  
  
  
  
  
9. What happened when the Tsar finished eating? Why was this a problem for some guests?
  
  
  
  
  
  
  
  
  
  
10. What American beverage is known to have been consumed at the Palace?
  
  
  
  
  
  
  
  
  
  
11. What are two reasons why you would or would not have liked to have dinner at Alexander Palace?