

**Adventures in Food and Nutrition! © 2016**  
**Chapter 11: What's on the Menu?—Glossary**

**convenience food.** Food that has been partially or totally prepared when you buy it.

**garnish.** A decoration you can eat that adds color to meals.

**landfill.** Large hole in the ground where trash is placed.

**partially prepared food.** Food that needs some preparation. Most need to be blended with other ingredients.

**ready-to-eat food.** Packaged food that doesn't need any preparation.

**resources.** Ways and means, such as time and money, that are used to complete a task.

**speed scratch cooking.** Cooking that combines the speed of convenience foods with the fresh foods used in scratch cooking.