

Adventures in Food and Nutrition! © 2016
Chapter 6: Cooking with Microwaves—Glossary

browning pan. A pan made of materials that absorb microwave energy. This causes them to get so hot that foods become brown and crisp.

heat susceptor. A cooking tray or cover that works like a browning pan.

magnetron. A device that converts electricity into microwaves.

microwaveable foods. Foods specially packaged for microwave cooking.

microwaves. A type of electromagnetic energy.

standing time. The period of time that occurs right after cooking time in a microwave oven. During this time, the heat inside the food causes it to finish cooking. It also helps to evenly distribute heat inside the food.