

Adventures in Food and Nutrition! © 2016
Chapter 5: A Look at the Kitchen—Technology Activity

Energy Star

Energy is a precious resource. Taking steps to conserve it helps to protect the environment. It can save you a great deal of money, too. The Energy Star program set up by the U.S. government helps conserve a form of energy called *electricity*. To learn more, visit the following website to answer the questions below.

<http://www.energystar.gov/>

Activity Questions

1. Which government agencies run the Energy Star program?
2. What are the two main purposes of Energy Star?
3. How much money did Energy Star help Americans save on their utility bills in 2010?

Name _____ Date _____

4. Which types of appliances can earn an Energy Star?

5. Give one tip for saving energy when using a dishwasher.

6. What are two tips for saving energy used by refrigerators and freezers?