

Adventures in Food and Nutrition! © 2012
Chapter 20: Dairy Delights—Interactive Quiz Questions

- _____ 1. _____ milk contains the most sugar.
- A. Evaporated
 - B. Nonfat dry
 - C. UHT
 - D. Sweetened condensed
- _____ 2. Which of these dairy products has the greatest amount of fat?
- A. Whole milk.
 - B. Light cream.
 - C. Half-and-half.
 - D. Buttermilk.
- _____ 3. Which of these dairy products has the least amount of fat?
- A. Sour cream.
 - B. Whipping cream.
 - C. Buttermilk.
 - D. Whole milk.
- _____ 4. What type of milk is pasteurized at a higher temperature than normal and placed in a sterilized container?
- A. Chocolate milk.
 - B. UHT milk.
 - C. Fat-free milk.
 - D. Buttermilk.
- _____ 5. Which dairy dessert contains the least milk and most sugar?
- A. Ice cream.
 - B. Light ice cream.
 - C. Frozen yogurt.
 - D. Sherbet.
- _____ 6. Fresh cheese is stored by the cheese maker for a time before it is sold.
- A. true
 - B. false
- _____ 7. Aged cheeses are sometimes stored in caves.
- A. true
 - B. false

- _____ 8. Which is a blend of cheeses?
- A. Fresh cheese.
 - B. Aged cheese.
 - C. Cold pack cheese.
 - D. All are blends.
- _____ 9. Evaporated milk should be stored in the refrigerator before and after it is opened.
- A. true
 - B. false
- _____ 10. Covering the pot when heating milk will help to prevent a skin from forming.
- A. true
 - B. false