

**Adventures in Food and Nutrition! © 2012**  
**Chapter 20: Dairy Delights—Writing Activity**

**Cheese Quiz**

Cheese is a nutrient-packed, flavorful dairy food. There are hundreds of types of cheese. Colors range from white to yellow to green. Textures vary from soft and creamy to very firm. Flavors may be mild to tangy and sharp. To explore the many types of cheese available, visit the website below.

<http://ilovecheese.com>

**Activity Questions**

1. Make a chart that lists the names of 15 cheeses you have never eaten. Include a description of their flavor and texture. Also, write an interesting fact about the cheese.

<b>Cheese Name</b>	<b>Flavor</b>	<b>Texture</b>	<b>Interesting Fact</b>
<i>Example: Cheddar</i>	<i>ranges from mild to nutty</i>	<i>creamy</i>	<i>American cheddar is based on the cheese made in a small village in England called Cheddar Gorge.</i>
1			
2			
3			
4			
5			
6			
7			

Name \_\_\_\_\_ Date \_\_\_\_\_

8			
9			
10			
11			
12			
13			
14			
15			

2. Use the information in the chart to make a Cheese Quiz. Start by writing a sentence that describes each cheese. *Example: This creamy cheese with a mild to nutty flavor is based on a cheese made in a small village in England.* List the cheese names in one column and the sentence descriptions in a second column, but be sure the two columns are not in the same order. Give the quiz to a friend and see how many cheeses he or she can match up with their descriptions.