

Adventures in Food and Nutrition! © 2012
Chapter 17: Salad Success—Interactive Quiz Questions

- _____ 1. Waldorf salad is an example of a _____ salad.
A. vegetable
B. grain
C. gelatin
D. fruit
- _____ 2. A taco salad is an example of a _____ salad.
A. grain
B. vegetable
C. protein
D. fruit
- _____ 3. Gelatin is a powdered protein ingredient that has no color or taste.
A. true
B. false
- _____ 4. Gelatin salads should be kept warm and served at room temperature or higher.
A. true
B. false
- _____ 5. Which would make a good salad base?
A. Grated egg yolks.
B. Carrot strips.
C. Avocado half.
D. Bacon bits.
- _____ 6. The main part of a salad is called the _____.
A. base
B. body
C. dressing
D. garnish
- _____ 7. Mayonnaise is a permanent emulsion.
A. true
B. false
- _____ 8. Cooked dressings contain fat or oil.
A. true
B. false
- _____ 9. Salad dressing clings better to wet salad ingredients than dry ingredients.
A. true
B. false

Name _____ Date _____

_____ 10. Which is considered a salad garnish?

- A. Lettuce wedge.
- B. Tortilla.
- C. Sesame seeds.
- D. Pasta noodles.