

Adventures in Food and Nutrition! © 2012
Chapter 15: Fabulous Fruits—Glossary

berries. Small, juicy fruits that contain many tiny seeds.

citrus fruit. A type of fruit that has a leathery skin, many segments filled with juicy pellets, and grows on trees.

drupes. A type of fruit that has one large pit or seed and grows on trees.

fresh juice. The liquid from squeezed fresh fruit.

frozen juice concentrate. Fresh juice with most of its water removed. Sometimes sugar is added.

fruit ade. A drink that contains water and sugar. Some contain juice; others only fruit flavoring.

fruit drink. A drink that has natural juice flavor, but may not contain any real fruit juice.

fruit juice drink. A drink made by adding water and sugar to small amounts of juice.

fruit nectar. Fruit juice and pureed fruit.

juice made from concentrate. Juice made by adding water to juice concentrate. The added water replaces the water that was removed to make the concentrate.

melons. Large, moist fruits that grow on vines and contain seeds. They have a thick skin that may be smooth or rough.

pome. A type of fruit that has a core that contains seeds and grows on trees.

produce. Fresh fruits and vegetables.

tropical fruit. A type of fruit that grows only in warm, sunny climates.