Adventures in Food and Nutrition! © 2012 Chapter 15: Fabulous Fruits—History Activity

Fruit Origins

Fruits are not only colorful, but they have a colorful history, too. Some fruits originated in North America. Others were brought to the country by travelers and explorers. New fruits are being creating by plant scientists. To discover more about the history of fruits, visit the following website:

http://www.fruitsandveggiesmatter.gov

Click on the tab *Fruit & Vegetable of the Month*. Then answer these questions.

Activity Questions

1. Where was star fruit first grown? Where does it grow in the United States?

2. Why were British sailors given the nickname "limeys"? Where and when were limes first established in the United States?

3. What fruits were combined to create pluots and apriums? Which has a fuzzy skin?

4. Where did nectarines and peaches originate? Who brought them to America?

5. Where did persimmons originate? When and how did they first arrive in the United States?

6. Select three other fruits and write at least one interesting historical fact about each of them.