

**Adventures in Food and Nutrition! © 2012**  
**Chapter 14: When You're on the Go—Interactive Quiz Questions**

- \_\_\_\_\_ 1. Which beverage would add a new MyPlate group to a lunch including a grilled cheese sandwich and a peach?
- A. Tomato juice.
  - B. Milk.
  - C. Orange juice.
  - D. Apple juice.
- \_\_\_\_\_ 2. Most beverages require a lot of preparation.
- A. true
  - B. false
- \_\_\_\_\_ 3. Once opened, canned and bottled beverages need to be kept refrigerated and used within a month or two.
- A. true
  - B. false
- \_\_\_\_\_ 4. Most small children need snacks because they can only eat small amounts of food at each meal.
- A. true
  - B. false
- \_\_\_\_\_ 5. Many one-dish meals do *not* include foods from every major food group.
- A. true
  - B. false
- \_\_\_\_\_ 6. To keep meals-to-go safe to eat, store them in an insulated container until mealtime.
- A. true
  - B. false
- \_\_\_\_\_ 7. Which sandwich does *not* need to be kept refrigerated until mealtime?
- A. Tuna salad.
  - B. Egg salad.
  - C. Ham and cheese.
  - D. Peanut butter and honey.
- \_\_\_\_\_ 8. A 15% tip on a \$10 restaurant bill is \_\_\_\_\_.
- A. 15 cents
  - B. 50 cents
  - C. \$1.50
  - D. \$2.50

Name \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ 9. Tips should be left at restaurants that do *not* have table service.  
A. true  
B. false

\_\_\_\_\_ 10. Full service restaurants have table service.  
A. true  
B. false