

Adventures in Food and Nutrition! © 2012
Chapter 11: What's on the Menu?—Glossary

convenience food. Food that has been partially or totally prepared when you buy it.

garnish. A decoration you can eat that adds color to meals.

landfill. Large hole in the ground where trash is stored.

partially prepared food. Food that needs some preparation. Most need to be blended with other ingredients.

ready-to-eat food. Packaged food that doesn't need any preparation.

resources. Ways and means, such as time and money, that are used to complete a task.

speed scratch cooking. Cooking that combines the speed of convenience foods with the fresh foods used in scratch cooking.