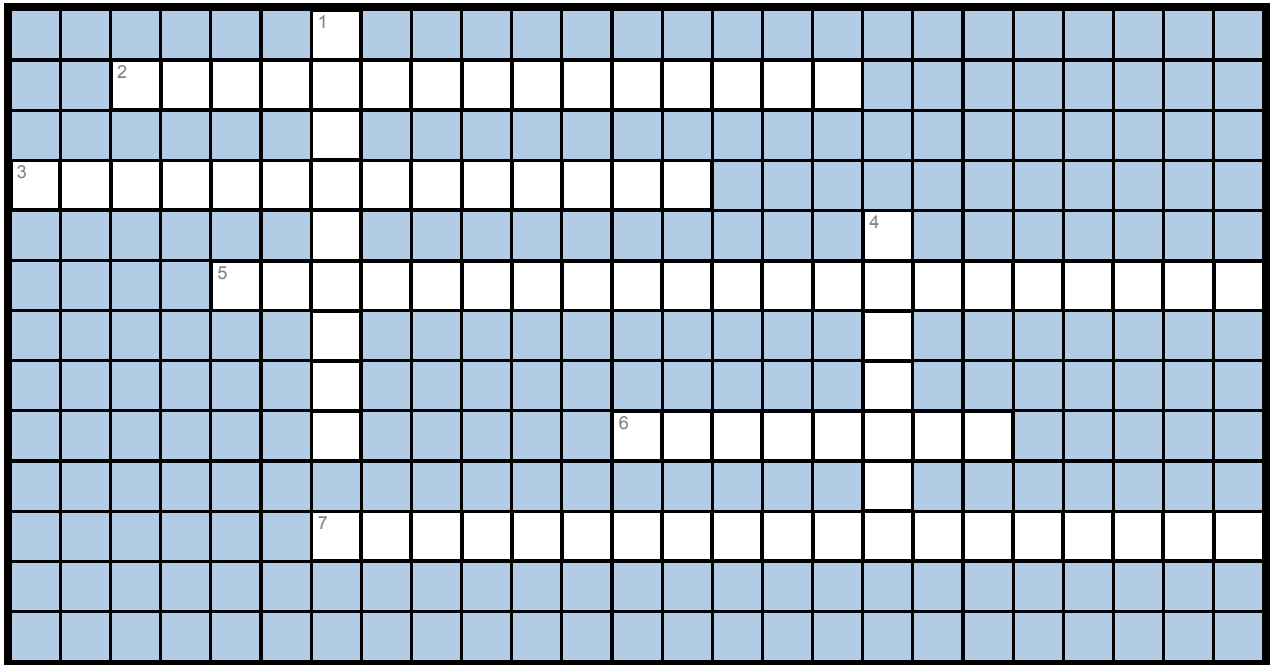


# Adventures in Food and Nutrition! © 2012

## Chapter 11: What's on the Menu?

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### Across

2. Food that has been partially or totally prepared when you buy it.
3. Packaged food that doesn't need any preparation.
5. Food that needs some preparation. Most need to be blended with other ingredients.
6. Large hole in the ground where trash is stored.
7. Cooking that combines the speed of convenience foods with the fresh foods used in scratch cooking.

### Down

1. Ways and means, such as time and money, that are used to complete a task.
4. A decoration you can eat that adds color to meals.