

Adventures in Food and Nutrition! © 2012

Chapter 9: Keep It Clean!

Tools:

- Printer
 - 8.5" x 11" paper
 - Scissors
-
-
-
-

Directions:

1. Print
 2. Fold paper in half vertically
 3. Cut along dashed lines
-
-
-
-

bacteria

Tiny organisms that are found everywhere. A few types can cause foodborne illness.

- FOLD -

01 of 23 E-Flash Cards



botulism

A deadly foodborne illness.

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02 of 23 E-Flash Cards



campylobacter

Bacteria that are the most common cause of foodborne illness.

- FOLD -

03 of 23 E-Flash Cards



clostridium botulinum

Bacteria that cause botulism.

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04 of 23 E-Flash Cards

clostridium perfringens

Bacteria that grow quickly at danger zone temperatures.

- FOLD -

05 of 23 E-Flash Cards



cross-contamination

Spreading bacteria to work surfaces, utensils, hands, or food.

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06 of 23 E-Flash Cards



danger zone

Temperatures at which bacteria grow fastest (40° to 140°F or 5° to 60°C).

- FOLD -

07 of 23 E-Flash Cards



E. coli 0157:H7

One of the most dangerous types of bacteria, found in undercooked meat.

- FOLD -

08 of 23 E-Flash Cards

food poisoning

Another name for foodborne illness.

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09 of 23 E-Flash Cards



foodborne illness

Disease caused by a pathogen in food.

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10 of 23 E-Flash Cards



hepatitis

Foodborne illness caused by a virus found in water contaminated with sewage.

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11 of 23 E-Flash Cards



listeria

Bacteria that are found mostly in raw milk.

- FOLD -

12 of 23 E-Flash Cards

mold

Bacterial colonies that look like fuzzy growths on the surface of foods.

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13 of 23 E-Flash Cards



natural toxins

Poisons found in certain plants and animals.

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14 of 23 E-Flash Cards



parasite

An organism that lives inside or on a host.

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15 of 23 E-Flash Cards



pathogen

An organism or substance that invades the body and damages its cells.

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16 of 23 E-Flash Cards

salmonella

Type of bacteria found in raw poultry and eggs.

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17 of 23 E-Flash Cards



sanitation

The study and use of methods that create a clean, healthy environment.

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18 of 23 E-Flash Cards



staphylococci

Bacteria that are found in protein-rich foods, cream filled pastries, and moist salads made with chopped foods (such as potato salad, macaroni salad, and ham salad).

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19 of 23 E-Flash Cards



toxin

Poison.

- FOLD -

20 of 23 E-Flash Cards

trichina

Roundworms found in raw or partly
cooked pork or wild game.

- FOLD -

21 of 23 E-Flash Cards



trichinosis

A disease caused by roundworms.

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22 of 23 E-Flash Cards



virus

An agent of infectious disease.

- FOLD -

23 of 23 E-Flash Cards



- FOLD -