## Adventures in Food and Nutrition! © 2012 Chapter 8: Play It Safe!—Glossary

**abdominal thrust.** A technique that can help save a choking victim.

antidote. A substance that works against a poison.

carbon monoxide. A colorless, odorless deadly gas.

**cardiopulmonary resuscitation (CPR).** A lifesaving technique that helps save a victim who isn't breathing and whose heart has stopped.

**first aid.** Treatment given right after an accident happens that helps relieve pain and prevent further injury.

Mr. Yuk symbol. A symbol that lets people, especially children, know that a product is poisonous.