

# ***Adventures in Food and Nutrition! © 2012***

## ***Chapter 8: Play It Safe!***

### **Tools:**

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- Printer
  - 8.5" x 11" paper
  - Scissors
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### **Directions:**

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1. Print
  2. Fold paper in half vertically
  3. Cut along dashed lines
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abdominal thrust

A technique that can help save a choking victim.

- FOLD -

01 of 06 E-Flash Cards



antidote

A substance that works against a poison.

- FOLD -

02 of 06 E-Flash Cards



carbon monoxide

A colorless, odorless deadly gas.

- FOLD -

03 of 06 E-Flash Cards



cardiopulmonary resuscitation  
(CPR)

A lifesaving technique that helps save a victim who isn't breathing and whose heart has stopped.

- FOLD -

04 of 06 E-Flash Cards

first aid

Treatment given right after an accident happens that helps relieve pain and prevent further injury.

- FOLD -

05 of 06 E-Flash Cards



Mr. Yuk symbol

A symbol that lets people, especially children, know that a product is poisonous.

- FOLD -

06 of 06 E-Flash Cards



- FOLD -

- FOLD -