

Adventures in Food and Nutrition! © 2012
Chapter 6: Cooking with Microwaves—Interactive Quiz Questions

- _____ 1. A magnetron is a device that converts electricity into microwaves.
A. true
B. false
- _____ 2. Which foods turn out better when cooked in a conventional oven?
A. Vegetables.
B. Fruits.
C. Cakes.
D. Popcorn.
- _____ 3. Which type of food will cook fastest in a microwave oven?
A. Solid and moist.
B. Dry and spongy.
- _____ 4. Which type of food will cook fastest in a microwave oven?
A. Foods with large amounts of sugar.
B. Foods with little or no sugar.
- _____ 5. Which type of food will cook fastest in a microwave oven?
A. Large chunks.
B. Long, narrow pieces.
- _____ 6. Standing time is the period of time that occurs right before cooking time is up.
A. true
B. false
- _____ 7. To avoid food explosions when microwaving foods, be sure covers on food containers fit tightly.
A. true
B. false
- _____ 8. Cooking with large amounts of _____ in a microwave oven can cause a flash fire.
A. meat
B. sugar
C. fat
D. water
- _____ 9. To avoid explosions when using a microwave oven, pierce the skins of foods such as potatoes, tomatoes, and hot dogs.
A. true
B. false

Name _____ Date _____

- _____ 10. Which cookware is safe to use in a microwave oven?
- A. Plastic dish covered with aluminum foil.
 - B. Tightly covered jars.
 - C. Metal containers.
 - D. Glass containers.