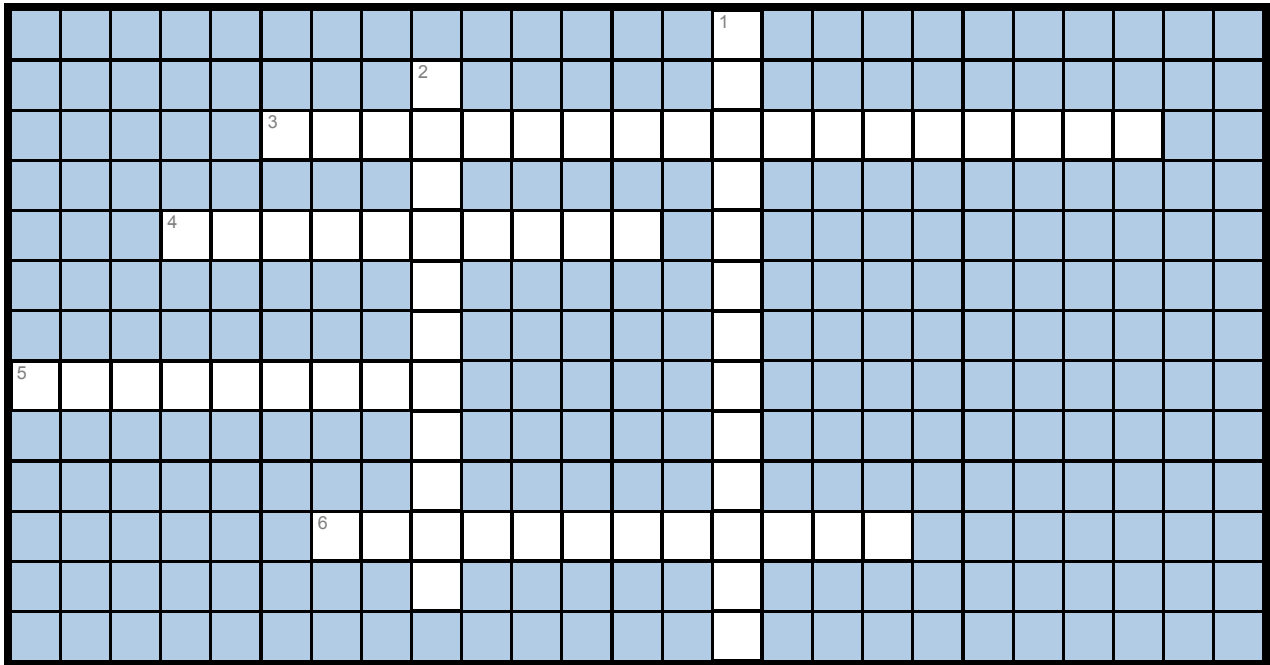


Adventures in Food and Nutrition! © 2012

Chapter 6: Cooking with Microwaves

Copyright Goodheart-Willcox Co., Inc.



Across

3. Foods specially packaged for microwave cooking.
4. A type of electromagnetic energy.
5. A device that converts electricity into microwaves.
6. The period of time that occurs right after cooking time in a microwave oven. During this time, the heat inside the food causes it to finish cooking. It also helps to evenly distribute heat inside the food.

Down

1. A cooking tray or cover that works like a browning pan.
2. A pan made of materials that absorb microwave energy. This causes them to get so hot that foods become brown and crisp.