Name	Date		
Nutrition & Wellness for Life © 2012 Chapter 16: Anabolic Steroids—Science Activ	ity		
A true athlete works hard to become the best that he c shortcuts by using illegal drugs to enhance their perfor but they are also taking huge risks with their health in	mance. Not only are these athletes cheating,		
Read about anabolic steroids, using the Web site link be the screens in order to read the entire article. Then an			
http://teens.drugabuse.gov/mom/mom_ster1.asp			
Other articles about anabolic steroids that you might li Click at the left of the screen on: "Ask Dr. NIDA: Anabo Steroids."			
http://teens.drugabuse.gov/facts/facts_ster1.php			
Activity Questions:			
1. What are anabolic steroids?			
2. How might a person's height be affected after using	anabolic steroids?		
3. How do anabolic steroids affect the brain?			

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4. What does the hypothalamus do, and how is it affected by anabolic steroids?

5. What are some irreversible effects of anabolic steroids on males and females?