Nutrition & Wellness for Life © 2012 Chapter 2: Factors Affecting Food Choices—Glossary

aseptic packaging. A food packaging process that involves packing sterile food in sterile containers within a sterile atmosphere.

culture. The beliefs and social customs of a group of people.

ethnic food. A food that is typical of a given racial, national, or religious culture.

food biotechnology. The use of knowledge of plant science and genetics to develop plants and animals with specific desirable traits while eliminating traits that are not wanted.

food norm. Typical standard or pattern related to food and eating behaviors.

food taboo. A social custom that prohibits the use of certain edible resources as food.

kosher food. Foods prepared according to Jewish dietary laws.

soul food. Traditional food of the African American ethnic group.

staple food. A food that supplies a large portion of the calories people need to maintain health.

status food. A food that has a social impact on others.

technology. The application of a certain body of knowledge.

value. A belief or attitude that is important to an individual.