## Composition of Cow's Milk



A Complex Mixture of:

- Water 87.4\%
- Carbohydrate 4.9\%
- Fat
3.5\%
- Protein
3.5\%
- Calcium
0.1\%
- Phosphorus
0.1\%
- Potassium
0.1\%
- Other
0.4\%

