

Preparing for Life and Career © 2013

Chapter 20: Preparing Foods—Read, Discuss, and Analyze Activity

Dinner Preparations

READ the case study

Li's parents are hosting family from out of town. They will have four more people than they usually have for dinner. Li has agreed to help with the food preparation. He is responsible for preparing a bowl of fresh cut apples and making custard for dessert. After he slices the apples, he places them in a serving bowl on the table. Then, he begins to make the custard. Li mixes the ingredients of the custard in a saucepan, turns the stovetop dial to a high heat, and walks away. When Li returns to the saucepan, he notices that the custard seems to be lumpy.

DISCUSS this question in class:

What missteps has Li taken during the food preparation process?

ANALYZE the following statements about the case study to decide which are true and which are false.

- T F Li should wash the apples before slicing them and placing them in the bowl.

- T F To prevent the sliced apples from browning, Li can sprinkle lemon juice over the slices, because lemon has ascorbic acid.

- T F The lumps in the custard are curdles.

- T F To decrease the curdling in the custard, Li should increase the heat.