

**Preparing for Life and Career © 2013**  
**Chapter 18: Buying and Storing Foods—Interactive Quiz Questions**

- \_\_\_\_\_ 1. Which of the following is *not* a factor that affects food costs?
- A. Your income.
  - B. Amount of processing.
  - C. Packaging.
  - D. Transportation.
- \_\_\_\_\_ 2. The cost for each measure of a product is the \_\_\_\_\_.
- A. unit price
  - B. sale price
  - C. production cost
  - D. universal product code
- \_\_\_\_\_ 3. References used on food labels to show consumers how food products fit into an overall diet are the \_\_\_\_\_.
- A. food additives
  - B. food allergens
  - C. universal product codes
  - D. Daily Values
- \_\_\_\_\_ 4. Which of the following is *not* required by law to appear on a food label?
- A. Name and address of the manufacturer, packer, or distributor.
  - B. Food additives.
  - C. Organic labeling.
  - D. Percent Daily Values.
- \_\_\_\_\_ 5. The \_\_\_\_\_ date tells when a product should be used to assure peak quality.
- A. pack
  - B. sell
  - C. expiration
  - D. freshness
- \_\_\_\_\_ 6. Which of the following is an example of a cruciferous vegetable?
- A. Peas.
  - B. Brussels sprouts.
  - C. Corn.
  - D. Green beans.
- \_\_\_\_\_ 7. A protein found in many grains that provides structure for baked goods is \_\_\_\_\_.
- A. gluten
  - B. sodium
  - C. pasta
  - D. flour

- \_\_\_\_\_ 8. Which of the following products can be stored in a cool, dry place for several months in tightly closed containers?
- A. Fruits and vegetables.
  - B. Milk.
  - C. Meats.
  - D. Grains.
- \_\_\_\_\_ 9. Milk made from whole milk that has about 60 percent of its water removed and then has sugar added is \_\_\_\_\_ milk.
- A. ultra high temperature
  - B. evaporated
  - C. sweetened condensed
  - D. two percent
- \_\_\_\_\_ 10. The fat mixed in with the muscle in a cut of meat is called \_\_\_\_\_.
- A. freezer burn
  - B. select
  - C. standard
  - D. marbling