

Preparing for Life and Career © 2013**Chapter 17: Meal Considerations—Read, Discuss, and Analyze Activity****Preparing Food for Culture Night****READ the case study**

Regina's school is hosting Culture Night, an event with dances, traditional clothing, and foods from different regions and cultures of the world. Regina has volunteered to bring pumpkin bread to represent the early Native American influences on U.S. food customs. The night before the event, Regina finds a complicated recipe online. As she begins mixing ingredients, she decides to alter the instructions. She is doubling the recipe and adding walnuts. During the second step of the recipe, Regina realizes that she does not have enough flour to continue. In the rest of the recipe, she also sees a few food preparation terms that are unfamiliar to her.

DISCUSS this question in class:

What should Regina do to finish baking the pumpkin bread she needs for Culture Night?

ANALYZE the following statements about the case study to decide which are true and which are false.

- T F Before beginning, Regina should have checked the supply of ingredients in her house to make sure she had everything necessary to complete the dish.
- T F In addition to understanding the ingredients and food preparation terms, Regina should also double-check the meaning of measuring abbreviations.
- T F In this situation, Regina did *not* have to perform a recipe conversion to change the yield.
- T F Adding walnuts to the recipe for pumpkin bread is an example of enhancing the recipe's nutrient density.