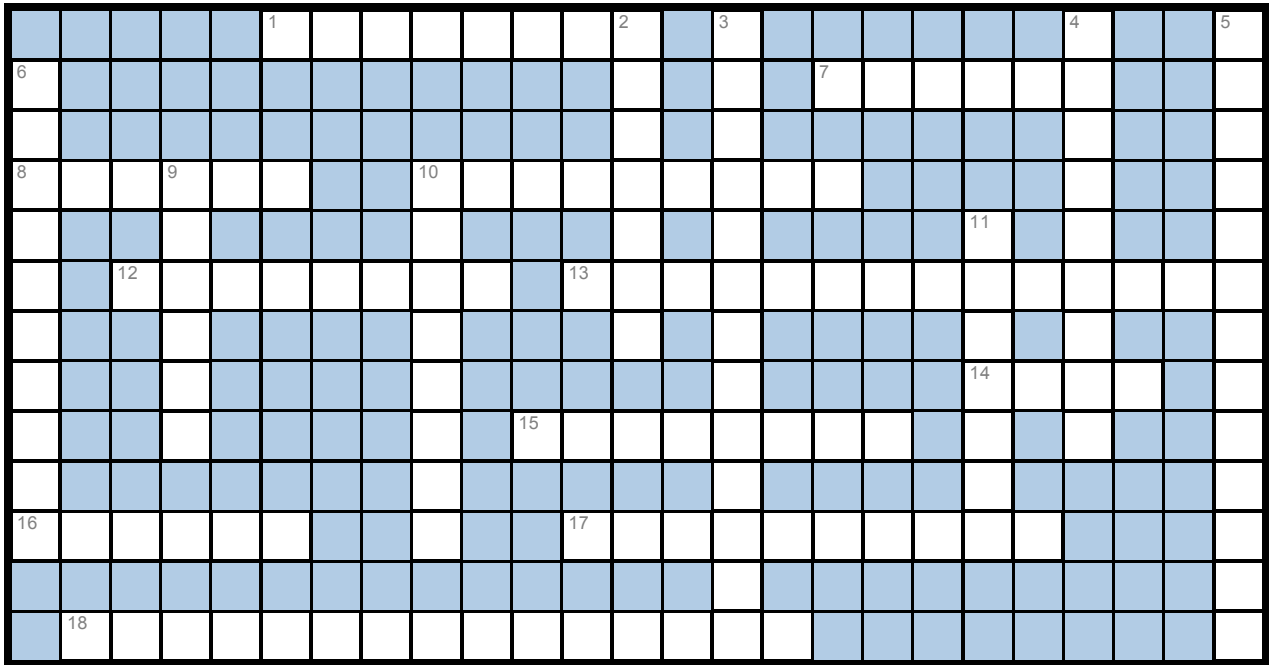


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Chapter 15: Promoting Good Health

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Across

1. Total health related to your physical, mental, and social well-being.
7. An invisible film of bacteria that forms on your teeth.
8. Any substance that harms the human body.
10. Using a drug for a purpose other than one for which it was intended.
12. Taking the best care of yourself and trying to always look your best.
13. A product that reduces the flow of perspiration and controls body odor.
14. A skin disorder that results in the appearance of blemishes on the face, neck, scalp, upper chest, or back.
15. A colorless and odorless drug found in tobacco.
16. When plaque remains on the teeth and becomes a hard, crusty substance.
17. Disease a person has when he or she is addicted to alcohol.
18. A procedure that can dislodge a piece of food or other item that is stuck in a choking victim's throat. Also called the *Heimlich Maneuver*.

Down

2. Injuries that result from overstretching muscles.
3. Treatments that help people's bodies develop antibodies to resist certain diseases, such as polio, tetanus, measles, mumps, and rubella.
4. A product that controls body odor by interfering with the growth of bacteria, but does not stop the flow of perspiration.
5. A skin specialist.
6. A drug that slows down activity in the brain and spinal cord.
9. The mental or physical tension you feel when faced with a challenge.
10. Flakes of dead skin cells on the scalp.
11. Injuries that result from tearing ligaments and tendons, usually at a joint such as a knee, elbow, or ankle.