

## Lesson 8.1

# Growth and Development in the First Year

Write each of the five objectives for this lesson on index cards and arrange these cards near you as you read. On each index card, take notes about the appropriate objective. Then, trade your index cards with a partner. Discuss how your notes are similar or different.

The objectives for this lesson are:

- describe a child's physical growth in the first year, including specific examples of organ maturation and skeletal growth.
- compare and contrast different types of reflexes.
- differentiate between gross-motor skills and fine-motor skills.
- explain the order in which a child's motor skills develop in the first year.
- give examples of physical developmental milestones children might achieve in the first year.