Chapter 13

Activity SS13-2 Cultural Intelligence

Directions: Cultural intelligence, often abbreviated as *CQ*, is the ability to adapt to unfamiliar cultural situations. In the chart that follows, check the box that best describes how often you perform each action. When finished, summarize how you would describe your personal CQ.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| When working with people whose culture is different from my own, I… | Always | Often | Sometimes | Rarely | Never |
| am aware of how gender roles may differ by culture. |  |  |  |  |  |
| am aware of the tone of my voice. |  |  |  |  |  |
| am patient. |  |  |  |  |  |
| am tolerant. |  |  |  |  |  |
| ask questions to ensure understanding. |  |  |  |  |  |
| check the accuracy of my understanding of a person’s culture. |  |  |  |  |  |
| do not pass judgment on others. |  |  |  |  |  |
| enunciate my words. |  |  |  |  |  |
| have a hard time paying attention. |  |  |  |  |  |
| intervene when someone is culturally insensitive. |  |  |  |  |  |
| pay attention to my nonverbal communication. |  |  |  |  |  |
| pay attention to personal space boundaries. |  |  |  |  |  |
| pay attention to the nonverbal communication of others. |  |  |  |  |  |
| put my cultural values ahead of others’ cultural values. |  |  |  |  |  |
| realize how my life experiences may differ from someone else’s. |  |  |  |  |  |
| When working with people whose culture is different from my own, I… | Always | Often | Sometimes | Rarely | Never |
| realize how my speech or actions may demonstrate bias. |  |  |  |  |  |
| seek feedback regarding my cross-cultural communication skills. |  |  |  |  |  |
| speak at a pace conducive to understanding. |  |  |  |  |  |
| understand that a person’s culture is based in his or her upbringing, race, ethnicity, and religion. |  |  |  |  |  |
| understand that no culture is better than any other one. |  |  |  |  |  |