Chapter 9

Activity SS9-1 Listening Skills

Directions: Rate your listening skills using the following chart. If you have additional listening skills that are not listed, add and rate them in the empty rows of the chart. You can use this chart to evaluate your listening skills when listening to a variety of speakers including instructors, peers, and electronic media.

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| --- | --- | --- | --- |
| **When listening, I…** | **Always** | **Sometimes** | **Never** |
| am attentive. | [ ]  | [ ]  | [ ]  |
| am relaxed. | [ ]  | [ ]  | [ ]  |
| am able to distinguish the sounds of spoken English. | [ ]  | [ ]  | [ ]  |
| am able to distinguish the intonation patterns of spoken English. | [ ]  | [ ]  | [ ]  |
| am able to recognize long and short vowels, silent letters, and consonant clusters in newly acquired or unfamiliar words. | [ ]  | [ ]  | [ ]  |
| ask questions when I do not understand something. | [ ]  | [ ]  | [ ]  |
| avoid barriers. | [ ]  | [ ]  | [ ]  |
| avoid responding to text messages or e-mails. | [ ]  | [ ]  | [ ]  |
| focus on the words the person is speaking. | [ ]  | [ ]  | [ ]  |
| ignore ringing phones. | [ ]  | [ ]  | [ ]  |
| judge what the person is saying according to my personal opinion. | [ ]  | [ ]  | [ ]  |
| listen for the main idea. | [ ]  | [ ]  | [ ]  |
| make direct eye contact. | [ ]  | [ ]  | [ ]  |
| nod my head when I agree with the statement. | [ ]  | [ ]  | [ ]  |
| only ask friendly questions, never unfriendly. | [ ]  | [ ]  | [ ]  |
| **When listening to someone speak, I…** | **Always** | **Sometimes** | **Never** |
| provide feedback. | [ ]  | [ ]  | [ ]  |
| summarize after the person has finished speaking. | [ ]  | [ ]  | [ ]  |
| take notes. | [ ]  | [ ]  | [ ]  |
| try to keep an open mind. | [ ]  | [ ]  | [ ]  |
| try to visualize what the speaker is saying. | [ ]  | [ ]  | [ ]  |
| turn off or silence my mobile devices. | [ ]  | [ ]  | [ ]  |
| wait for the person to finish talking before I comment. | [ ]  | [ ]  | [ ]  |
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